Program structure

Depending on the reality of the environment and the clientele, the original version of the program of 11 workshops, in groups of families, may not be possible.

Here are different adaptations that are available.

Family group

Individual family meeting

Parent group

Virtual meeting

Original version

0	Pre-group meeting
I	Introduction
II	A Balanced Family Life
III	Children Aged 6 to 12
IV	Positive Childrearing Practices (part 1)
V	Positive Childrearing Practices (part 2)
VI	Addiction and the Family
VII	Boundaries
VIII	Communication Skills (part 1)
IX	Communication Skills (part 2)
X	Parental Discipline, Anger Management and Family Harmony
XI	Celebration

Short version

0	Pre-group meeting
I	Introduction
II	A Balanced Family Life
III	Positive Childrearing Practices (part 1)
IV	Positive Childrearing Practices (part 2)
V	Addiction and the Family
VI	Communication skills (part 2)
VII	Celebration

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